



# AYSO Region 44

Sunnyvale, California  
September 11th, 2007



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# INTRODUCTION

Hello Coaches,

The first games have been completed and are “in the books” so to speak. I have many updates so please read the newsletter. Some key issues that all Coaches need to be aware of:

- Each field is marked with a boundary for spectator’s and Coaches to watch about a yard or two away from the touchline. These should be clearly marked on all of our fields. All parents and coaches need to stay within this area or at least very close to it. It’s OK for spectators to be further along the side of the Touch Line but they shouldn’t be getting near the corner kick area’s. Good rule of thumb - if the spectators or parents are further along than the Penalty line (imagine the line extended to the touch line) then they are too close to the corner.
- Soccer is played in halves but for purposes of substitutions we stop play at the midway mark of a half creating “periods” or “quarters” for our U7 - U12 Divisions. This is not a time for Coaching but for substitutions and water breaks. The referee’s were lenient for the first Sunday but the substitutions breaks need to be brief (the younger the division the more leeway and time given).
- Please update your roster information to include player numbers - this is a huge help for the referee’s when they print out the game cards.
- I noticed that a few games had some screaming parents, shouting directions at the players. Please inform your parents that cheering for good plays is OK but shouting out instructions is not.

Darin Roland  
Sunnyvale AYSO Region 44  
Assistant Coach Administrator

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## **NEW NEWS**

### *Elbow Room*

It would seem Tuesdays and Thursdays are popular days for practice. You don't need an entire field to have a practice, we do need to share the fields - especially with our other AYSO coaches. We do not have permits for Sunnyvale Middle School during the week - Sunnyvale Alliance has them those days. So share the field. If they are rude, let me know as we do have a few fields we are sharing with them (a team practices at Raynor and I heard another one is over at Nimitz). On crowded nights, tighten up a bit to make room - and if you are able to practice on Monday's you'll find just about every field is open and very few teams practicing. That's a perfect night to set up a full field practice for most locations.

### *Positive Coaching Alliance Workshops*

The 2<sup>nd</sup> of our Area's PCA workshops is coming up. There is no fee to you and I've been through about 6 of these over the years and I highly recommend attending one if you haven't before.

Saturday, September 22<sup>nd</sup> from 5-7 PM at Los Altos Town Hall  
<http://www.losaltoshills.ca.gov/government/index.html>

### *Attend a Stanford Soccer Game - Free for kids playing soccer!*

Stanford has setup a few nights for AYSO players to attend free to some of the games. Details are in the attached Stanford.pdf.

### *Porta-Potty Combination*

United Rental has placed locks on all of the fields that have porta-potties - that combination is 2007.

## **RECENT NEWS**

### *Picture Day*

Picture Day is Sunday, September 16<sup>th</sup> at Ortega Park. All of you should have a time you are scheduled to attend a session.

## **Goal Information**

Coaches - Below is a message from our Field Manager, please read and send the details to your Nets/Up down volunteers. Also, there is a suggestion for how to set the goals up quicker and take them down faster that is worth a read.

We have placed five L-shaped stakes in each bag, so that each bag will have a spare. Please be aware of this and put away all five of the stakes back in the bag before you leave the field.

Do NOT use a metal hammer when pounding in the stakes. The supplied mallet is rubber because when you miss the stake and hit the tubing with a metal hammer, it dents the tubing. Any dented tube end cannot be connected to the other pieces since the elbows cannot be fully inserted anymore.

Please be very careful when sliding the bags back into the storage tubes. Some of the storage tubes have protruding bolts on the inside, and they catch on the bag, ripping it badly (we will cut off the offending bolt sections as soon as possible).

And, here's a tip on goal take-down (this is optional): assuming the top part of the net has been threaded through the net when the goal was assembled, when you take down the goals, simply slide the net together so that the entire top of the net is located on just one of the tube sections.

Without removing the tube section from the net, place that tube section and the net together in the bag. The next time the goal is assembled, the tube will not have to be re-threaded through the net which should save some time.

When you open the goal bag, look carefully at the net and tubes to see if this method was used. If so, remove the net and it's tube section together so you won't have to re-thread the top of the net. "

## CALENDAR

<b>Date</b>	<b>Time</b>	<b>Location</b>	<b>Event</b>
<a href="#">Sept 16th</a>	<a href="#">All Day</a>	<a href="#">Ortega Park</a>	<a href="#">Picture Day</a>
Sept 22nd	5:00 PM - 7:00 PM	Lost Altos Town Hall	Positive Coaching Workshop

Items in [blue text](#) on the Calendar are coming up next week. Items in [red text](#) will indicate a new listing.

Darin