



AYSO Region 44

Sunnyvale, California

September 5th, 2007



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INTRODUCTION

Hello Coaches,

As you all know the season starts this Saturday, September 8th. If you could all give your rosters one more check and make sure you've contacted all the players on your roster before this Saturday. If you have any players that have never shown up or not replied, please let your Division Coordinator know.

For your first game remember that we have many first time Coaches and Referee's. Take a moment to Introduce yourself and if you are new - tell the other Coach! Just about all the Coaches out there are willing to help you get started if you haven't done this before.

The first game our new volunteers are learning so cut them a bit of slack if things aren't as organized or if things seem a bit chaotic.

Thanks for volunteering to Coach our kids and hope you all enjoy the first game.

Darin Roland
Sunnyvale AYSO Region 44
Assistant Coach Administrator

NEW NEWS

Positive Coaching Alliance Workshops

Two PCA workshops have been scheduled with room for up to 80 attendee's for Coaches in AYSO region's in the nearby area's. There is no fee to you and I've been through about 6 of these over the years and I highly recommend attending one if you haven't before.

Monday, September 10th from 7-9 PM at JLS Middle School Cafeteria

<http://maps.yahoo.com/index.php#q1=480+E.+Meadow+Dr.%2C+Palo+Alto%2C+CA+94036&env=F>

Saturday, September 22nd from 5-7 PM at Los Altos Town Hall

<http://www.losaltoshills.ca.gov/government/index.html>

Have a player/parent you haven't heard from?

We had a few cases of Coaches reporting no reply from a player/parent family. If you have a few of these, make sure you are using both Email addresses and please give the family a call. You should have phone information as well. In several cases Emails were going to the parent that "never checks his Email". I know, I know - why register an Email address of the parent that doesn't check makes no sense to me either but there you go.

RECENT NEWS

Practice Field Permits Available

We now have PDF's of the permits for our practice fields. If you need one, please Email me which field you are practicing on and I will send you the copy. I believe they are going to be posted on our www.ayso44.org web-site and when they are, I will send you the link.

Schedules

All schedules have been released to all Coaches and Parents in all Divisions. You should be able to view the schedule for your team.

Picture Day

Picture Day is Sunday, September 16th at Ortega Park. All of you should have a time you are scheduled to attend a session.

Combination Locks

The combination for the locks has been set to 0744. If you are practicing near your game fields please give a quick check of the lock and make sure you can open it (nothing like having to track down someone Saturday morning at 9:00 AM when you are ready to play a game). Just in case that doesn't work, combinations from past seasons were 5050 and 2006. Again, those should be old and I'm only including just in case something got overlooked. The lock combination should be the year and our region number:

0744

CALENDAR

Date	Time	Location	Event
Sept 8th	All Day	All Fields	Season Begins
Sept 10th	7:00 PM - 9:00 PM	LJS Middle School	Positive Coaching Workshop
Sept 16th	All Day	Ortega Park	Picture Day
Sept 22nd	5:00 PM - 7:00 PM	Lost Altos Town Hall	Positive Coaching Workshop

Items in [blue text](#) on the Calendar are coming up next week. Items in [red text](#) will indicate a new listing.

FIRST GAME REMINDERS

Relax, have fun on Saturday. We could be at the house doing yard work.

All Coaches:

- Thank the referee's for volunteering before and after the game
- Bring your game cards for U8 and above
- Bring your Medical Release Forms
- Looks for all the good effort and plays your kids make - and tell them even if it's just running hard
- Remind the parents to cheer, clap and applaud for both teams but they shouldn't be shouting directions from the sideline
- Before players can play a 4th quarter, all players need to have played 3 quarters
- Maximum amount a player can be at Keeper is 2 quarters
- Have your lineup ready before going to the park

U6 Divisions:

- If it's your first time Coaching U6, bring the camera's
- Remember to check what field you are playing on, nothing worse than having to ask other Coaches "Do you play my team?" for 10 minutes or having your parents find the field first.
- If you have a big lead on one game and are losing big on another - talk to the other Coach, make a few adjustments to balance the games out.
- No Goal Keepers, if you have kids standing in front of the goal gently encourage them to get in the game

U8 Divisions:

- Don't let your players "cherry pick", keep encouraging them to play the field
- Max time playing GK is 2 quarters and for U8 it's better to play 4 kids for 1 quarter each. More important for 7 year olds to be running and kicking the ball.
- Players should switch positions each quarter

U10 Divisions:

- Max time playing Keeper is 2 quarters
- Can start playing kids multiple quarters at one position
- If you find you are ahead by 4-5 goals, make adjustments to balance the game (if you have a forward that scored 4 goals in the first quarter, move the player to defense or challenge that player to pass to teammates)
- No heading
- Slide tackling is allowed but it must be a clean tackle - a very clean tackle, as in no contact with the player (it's generally better to keep them on their feet at this age since if they are on the ground they can't make the play and it's more important to develop the foot skills but if you see a slide tackle and no call from the referee this is why)

Darin